

## Thyroid Hormone Questionnaire

Name: \_\_\_\_\_ Age: \_\_\_\_\_.

Weight: \_\_\_\_\_ kg.

<u>Findings</u>	<u>Present</u>	<u>Absent</u>
<b><u>Symptoms:</u></b>		
Diminished sweating	+6	-2
Dry skin	+3	-6
Cold intolerance	+4	-5
Weight increase	+1	-1
Constipation	+2	-1
Hoarseness	+5	-6
Pins and needles sensation	+5	-4
Deafness	+2	0
<b><u>Physical signs:</u></b>		
Slow movement	+11	-3
Course skin	+7	-7
Cold skin	+3	-2
Puffiness around eyes	+4	-6
Pusle rate < 75	+4	-4
Slow ankle jerks	+15	-6

**Score:** \_\_\_\_\_

**Notes:**

A score of > +30 has a 60% correlation with under activity of the thyroid gland.

Laboratory blood tests may further confirm the likelihood.